

Neural Mobilization for Structural Integration: Peripheral Nerves of Shoulder and Pelvic Girdles

Jonathan Martine

August 23-26, 2018 Dolores, Colorado

This class explores the relationship of neural fascial restriction to structural imbalances and myofascial patterns. When the body has nerve fascia that is restricted and fails to glide, the entire system becomes pre-occupied. Reducing this “pre-occupation” is necessary for reducing pain and restoring optimal function.

We will explore through lecture, palpation and hands-on exchange:

- Assessments for myofascial, neural fascial, joint, and movement restriction.
- How neurogenic inflammation and impaired nerve mobility restrict movement of fascia, joints and core stability.
- Learn new approaches to tissue and joint mobilization, and re-patterning movement.
- Develop integrative strategies to assess and address peripheral nerve restriction from cutaneous layers through tunnels to muscular and septum pathways for lasting change, from local restriction to global function.
- Integrative strategies for your structural integration sessions. Learn how to complement your work with neural mobilization.

Open to all Structural Integrators, Registered Massage Therapists and manual therapists

Credits: 4 CE manipulation credits, IASI credits.

About the instructor



Jonathan Martine, is a Certified Advanced Rolfer™ since 1997, Rolfling Institute Faculty member since 1993 and Rolf Movement and Advanced Faculty since 2017. Jonathan draws from the work of Dr. Rolf and her lineage holders, Steven Sanet, DO, Jean-Pierre Barral and Alain Crobier, DO, Ron Murray, DOM; PT's Michael Shacklock, David Bulter and Diane Jacobs; Chiropractor/Rolfer Don Hazen in a synthesis of neural fascial, myofascial and visceral fascial related work.

Dates: August 23-26, 2018

Location: Sophia Retreat Center Dolores, Colorado

On site shared housing is available with breakfast and lunch included.

Training Fee: \$750 early registration paid in full 30 days prior to class. Registration and information on housing for workshop contact Jon Martine: jonathanmartine@me.com, 720-226-1508

