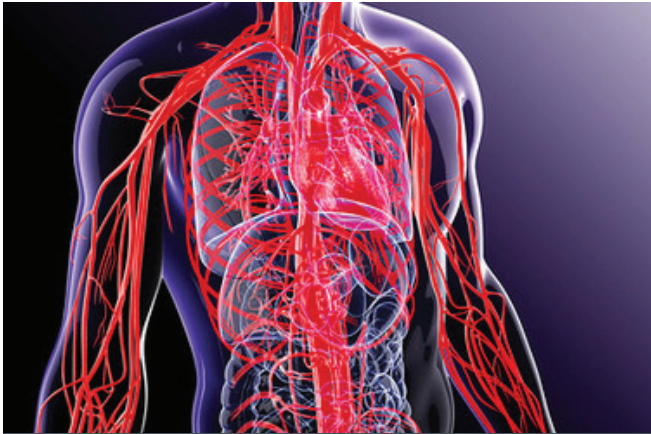


# INTEGRATIVE STRATEGIES FOR MANUAL THERAPY

## Neural Mobilization: THE CORE

Relating the Peripheral and Neuromeningeal Fascias  
with Jonathan Martine



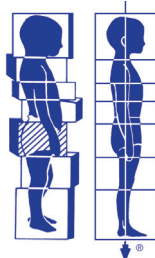
FRI 27TH - MON 30TH  
OCTOBER 2017

### NEURAL COURSE PART TWO

VENUE: Loreto Abbey, Dalkey,  
Dublin, Ireland

COST: €650 or €600 pre pay

**Jonathan Martine** is a Certified Rolfer since 1990, Certified Advanced Rolfer since 1997, and Rolf Institute® Faculty member since 1993. Jonathan draws from the work of Steven Sanet ,DO, Jean-Pierre Barral and Alain Crobier, DO, PT's, PT's-David Butler, Michael Shacklock, and Diane Jacobs, Chiropractor/ Rolfer Don Hazen and Chiropractor/Neurologist Dr. Michael Allen in a synthesis of neural and visceral fascial related work. [www.jonmartine.com](http://www.jonmartine.com)



This stand alone class offers a focus on neuro-visceral fascias with an introduction to vascular fascial contact. As nerves and blood vessels transition from one fascial layer or cavity to the next, there are potential sites of restriction that may lead to tension to the neural-vascular roots and the dural tube.

We will examine the neural, vascular and visceral work in a layered approach working from superficial, cutaneous nerves to the nerves of the muscles in the shoulder and pelvis, then to the hard frame and finally to the contents or visceral components. Tension in these specific fascial transitions can lead to inhibited muscle contraction, restricted spinal movement, altered coordination in the brain and asymmetric postural displays. This pre-occupation with protecting vital structures like blood vessels, nerves and organs leads to muscle protective facilitation.

We will weave into the presentation relevance for SI work , "the series" and for other practitioners the layered approach offers ideas for staging this in a series of sessions with a client or a single session plan.

#### THROUGH LECTURE, PALPATION AND HANDS-ON EXCHANGE, WE WILL EXPLORE:

- \* Assessments for joints, fascia, viscera of abdomen and thorax, dural and peripheral restrictions and possible postural displays that result from these compensations.
- \* Refine integrative strategies for thoracic outlet, neck and cranial base, thorax, ribs, diaphragm, spinal, trans-pelvic and SI issues.
- \* Pre and Post-intervention assessments for postural displays, orthopedic, movement and subjective findings.
- \* We will address fascias of the bladder, pelvic floor, root of mesentery, colon flexures, kidneys, diaphragm (related to liver/stomach), pericardium, lung suspensory ligaments, sternum/mediastinum/ esophagus and details of the wraps of nerves from spinal segments to anterior body. Neural structures related to the plexis: sacral, lumbar and brachial will be reviewed as will those related to the spine and rib articulations. It is a fun mix of neural/visceral fascial work with some neck details to top it off.

TO BOOK OR ENQUIRY CONTACT:

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